

Youth Information, Participation & Eurodesk



**Outreach Services to
Schools/groups**

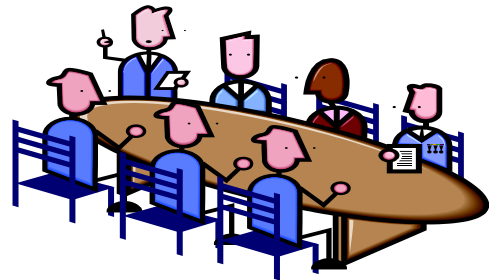
Support for TY, CSPE, SPHE, LCA, LCVP



- Internet access for project research in our public internet area.
- **One class period talks:**
 - World of work (minimum Wage /Rights and Entitlements) for Young People in the workplace
 - Five ways to Wellbeing workshop
 - Youth Information – what is it?
 - Internet Safety workshop (for young people)
 - Anti Bullying workshop
 - Youth Participation – Comhairle na nÓg
 - Volunteering abroad opportunities for Senior students – EVS & EIL (targets young people from 17-30 yrs)
 - Euro workshop– designed by Eurodesk Brussels
- **Classes can also visit the Youth Information Centre in the Tipperary or Thurles on request**
- We can also design workshops on request on a topic of interest when needed.

COMMITTEE SKILLS TRAINING

- :
- ✓ Teambuilding
 - ✓ Leadership
 - ✓ Committee Roles
 - ✓ How to run a meeting
 - ✓ How to deal appropriately with authority
 - ✓ Planning
 - Full handouts given
 - *Min 2.5 hour session or two sessions of 1.5hr*



- ***Full day Student Council training or Mentorship training is also available on request to schools.***

Pre Employment skills

Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do.

—Steve Jobs

- ▶ Help with CV's and Job applications and Europass CV.
- ▶ Opportunity for student work experience in office & administration and/or youth work (Fully supervised)
- ▶ Plan for activities will be drawn up between the student and the supervisor to capture learning and life skills
- ▶ We can also do Mock Interviews for schools on request.
- ▶ We can take young people for long term GAISCE personal development or work experience awards.



Youth Mental Health programme



- Moment to Moment is a **Mindfulness training** programme for Teens – run over 6 weeks for 1.5 hours per week.
- Minding your Mind sessions
- MindOut2 is a positive mental health awareness programme run over 8-10 weeks for an 1.5hrs a week.
- Spiritually workshop & mindfulness intro workshop for one session
- Five ways to Wellbeing workshop
- REAL U training programme over 10 weeks is 2 hours per week on personal development including sexual health & well being.

All workshops are free however donation towards travel is required per programme when off base.

European Information

- Youth Information Tipperary is part of the Eurodesk Ireland Network which means has specialised training in European Information and opportunities for Work, Study and Volunteering abroad. As well as links to projects and info networks across Europe. Get in touch if you need data for a school trip or are interested in a project involving Europe.



VOLUNTEERING AND TRAVEL OPPORTUNITIES

We offer opportunities for young people to learn skills from travelling abroad



- ▶ A one-to-one support for applying for EIL travel awards or similar programmes
- ▶ We are a Sending organisation for EUROPEAN SOLIDARITY CORP (formally EVS)
- ▶ Aimed at teenagers & young adults up to 30.
- ▶ Young adults involved with us can also avail of training programmes run in Ireland and other European countries to gain skills
- ▶ [More information www.leargas.ie](http://www.leargas.ie) or www.youthportal.ie



This campaign takes place every October under the work of Eurodesk Ireland nationally.

Locally we can do euro classes, quizzes and workshops on Europe, within the projects. (contact me to book events)

We will also be running events within the region – dates to follow shortly.

Europass CV on request

New for 2022 – Euro classes on request (double class)

Out of hours service

- Youth Information nationally has a Live Chat service for young people wishing to gain information each evening 4-8pm. (Monday to Friday) To access the Chat in Tipperary – www.youthworktipperary.ie/chat





is here!



- Email address for to contact us:
pauline.strappe@youthworktipperary.ie
www.youthworktipperary.ie
- Have you any ideas or suggestions they're very welcome??

Youth Service
17 Bank Place
Tipperary Town
062 52604

Croke Street
Thurles
0504 23426

mobile - 087-7726777



HEALTH QUALITY MARK

