

Does the Ability programme apply to all disabilities?



**The Ability Work Winner programme works with young people with a range of disabilities who would like support transitioning to the workplace.**

- Learning Disabilities- Dyslexia, Dyspraxia
- Mental Health Conditions- Anxiety, Depression
- A.S.D.
- Physical Disabilities
- Any Diagnosed Disability

The programme can support a range of other disabilities. If you think it might suit you, please contact us.

Where can I find out more about Ability?



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Ability Work Winner



**Supporting young people with disabilities to reach their potential**

ARE YOU?

- Aged between 15 & 29
- Living with a disability
- Interested in education, training or employment opportunities.



"This project was approved by Government with support from the Dormant Accounts Fund"

## What is Ability?



Ability is a programme that helps young people with disabilities improve their employment prospects.



If you would like to be in a paying job, Ability can help you achieve your goal.







Ability helps young people to find suitable education, training and employment.

It also encourages them to take part in community life.




## What type of support is available?



If you take part in Ability, you will get support to help you. Examples of the type of support we might be able to give include:

-  information and advice,
  -  support to develop your skills,
  -  help to settle into a job,
- or
-  help to take part in activities in your community.

### Ability will support you to:

-  feel more confident and independent,
-  move between different education, training and employment settings, and
-  take part in local community life.

## How do I qualify for support under Ability?



### You must be:

- Aged between 16-25
- Have any diagnosed disability
- Interested in getting support around training, education or employment.

### What you can expect:

- Bespoke, individualized support.
- Ownership of your own programme, to help develop your passion, at your pace.
- A supportive and safe environment.

If you are unsure of your eligibility, feel free to contact an Ability Coordinator for more information.