Does the WorkAbility Programme apply to all disabilities?





The **WorkAbility Programme** works with a wide range of disability and mental health diagnoses including:

- Learning Disabilities Dyslexia,
   Dyspraxia
- Mental Health Conditions Anxiety, Depression, Social Anxiety
- · A.S.D.
- ADHD
- Sensory Processing Disorder
- Physical Disabilities
- Any Diagnosed Disability

The programme can support a range of other disabilities. If you think it might suit you, please contact us.



## Contact: Phone/WhatsApp/Email/Text or message us for a call back

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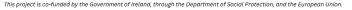
# WORKABILITY PROGRAMME



Supporting
young people
with disability diagnosis
to reach their potential

#### **ARE YOU?**

- Aged between 16 & 29?
- Living with a disability?
- Interested in education, training or employment opportunities?



What is the WorkAbility Programme?

What type of opportunities/ supports are available?

## WorkAbility Criteria Check List?



The WorkAbility programme will support you to access opportunities to imporve your employment prospects through:

#### **TRAINING**

- First Aid
- HACCP
- · Safe Pass
- Manual Handling
- Barista

#### **EDUCATION**

- · If you want to return to formal education
- Applications to courses
- Applying for grants/funding
- Prep for course interviews
- Help with typing assignments
- Access to tutor support

#### **EMPLOYMENT**

- CV Writing
- Volunteering
- Job Shadow / Work Experience
- Part-time/Full-time work opportunities
- Job Shadow Supports

## **Opportunity & Support to:**

- Access information & advice
- Develop your social skills
- Attend social events
- Meetings 1:1 & Group work
- Become more involved in your own community
- Feel more confident and independant
- Move between different education, training and employment settings.

## Are you?

- 1. Aged between 16-29
- 2. Have any diagnosed disability/mental health disorder.
- 3. Interested in getting support in training, education or employment.
- 4. Committed to attending the programme.

### What you can expect:

- · Bespoke, individualised support.
- Ownership of your own programme, to help develop your passion, at your pace.
- A supportive environment.

If you are unsure of your eligibility, feel free to contact the WorkAbility Coordinator for more information.